



DIABETES

PREVENTION WALK CHALLENGE W/SGA



OPEN TO ALL STUDENTS, STAFF, & FACULTY
APRIL 3RD-7TH

CHOOSE A TIME! MEET AT ASC BUILDING!

MON	TUES	WED	THURS	FRI
Sam 9am Sam 10 am Sam 11 am Charles 12:30	Charles 12:30	Sam & Ryan 9am Sam 10 am Sam 11 am	Charles 12:30	Sam & Ryan 9am Sam 10 am Sam 11 am
Charles 1 pm	Charles 1 pm	Ryan 12pm	Charles 1 pm	Ryan 12pm
Charles 1:30	Charles 1:30	Ryan 3pm	Charles 1:30	Ryan 3pm

**MUST EARN 4 PUNCHES IN
ORDER TO EARN SWAG!**

**WALK 15-30 MINS A DAY WITH SGA!
RECEIVE A PUNCH CARD &
GET READY TO EARN SOME SWAG!**